



**Organization for Understanding
Cluster Headaches**

OUCH 3225 Winding Way Round Rock, TX 78664



Letter From the President

Dear Friend,

The Organization for Understanding Cluster Headaches (O.U.C.H.) is a 501, c, (3), nonprofit organization, formed to assist cluster headache sufferers and their families (supporters). O.U.C.H. was formed and is operated by cluster headache sufferers and supporters strictly on a volunteer basis.

Our mission is to provide information and emotional support to cluster headache sufferers throughout the world. We encourage, support and participate in research to develop new and improved therapies and practices for treating cluster headaches. We conduct annual conferences, attended by sufferers from all over the world. Numerous smaller gatherings are conducted throughout the year, all over the United States. Cluster headache sufferers and supporters can meet other sufferers and supporters, many for the first time in their lives. We establish communication with the medical, research and pharmaceutical communities to further the understanding of sufferer's needs and to encourage improved diagnosis and treatment of clusters. We try to gather all pertinent information which may help sufferers understand and deal with their condition.

Membership in O.U.C.H. is open to anyone who suffers with cluster headaches, supports someone with cluster headaches or has an interest in cluster headaches. Membership is completely free.

I would ask that you please consider donating to O.U.C.H. and helping us achieve these goals. Thank you.

Respectfully,

Mike Day, President,
O.U.C.H.

Greetings