



Organization for Understanding
Cluster Headaches

Executive Committee



Carolyn Morris, President

president@ouch-us.org

Carolyn was elected to the Board of directors in 2009 and currently serves as secretary. Carolyn has been a member of OUCH since 2005. Carolyn is a supporter to her husband Jim. Jim started having headaches in April of 1981 and was lucky enough to be diagnosed within 3 months of them starting. Carolyn and Jim also have a daughter, Sarah, who also has chronic health problems.



Susan Jeffrey, Vice-President

Sue was elected to the Board of Directors in 2009 and currently serves as Vice-President.

Sue has worked primarily in the financial field in accounting, actuarial and corporate real estate along with having owned a financial planning business for several years. After returning from the States back to Canada she made a career change is currently working with the Mentally Intelligent–Autistic individuals who never seem to stop amazing her with their truly amazing intellectual mannerisms.

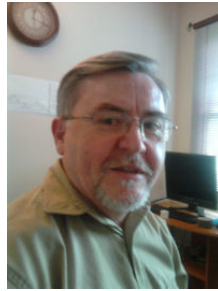
Sue has suffered from episodic Cluster Headaches for 8 years after never having a headache in her life. Conventional medications have had adverse affects for her with many side affects, especially due to suffering with vertigo and tinnitus. After experimenting with several medications she was finally prescribed morphine which if taken prior to sleeping usually seems to be effective. Over the years her headaches have progressively gotten worse, more often—up to 8 per night and hitting a KIP scale of 8-9 on average.



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Jerry Callison, Secretary



secretary@ouch-us.org

Jerry serves as Secretary and Spokesperson for OUCH. He brings people skills and Ministerial training to the OUCH Board. Jerry has worked in management, primarily operational, on various occasions. He has also worked with teens, primarily Jr. High, for about 30 years. Jerry was also an officer with Augusta Rose Society (GA) for two years.

Sandy Cullen, Treasurer



treasurer@ouch-us.org

Sandy was elected to the Board of Directors in 2009 and serves as Treasurer. She has been a member of OUCH for several years, and has been an episodic cluster headache sufferer since 1999. Due to family medical history and health problems, Sandy has chosen to use only Oxygen and herbal remedies to prevent and abort cluster headaches.

With over twenty years of experience in the field of lighting design and sales of parking lot lighting for commercial properties throughout the US, she opened her own business, Cullen Lighting Solutions, and is now self-employed.