



**Organization for Understanding  
Cluster Headaches**



a non profit. She offered to do this with her own money to get things started. We needed officers. So we each took a position, until we could get by-laws written up and the paper work done. Then we would work on membership. Once we had all that in place the members would pick and vote in new officers.

We had been misdiagnosed for years, and treated badly by doctors, hospital nurses, and society. Our biggest dream was that others who have clusters won't have to go through years of not knowing what's wrong with them, thinking they are dying, for others not to be treated like drug seekers, for our pain to be recognized and treated with the right meds, to be able to hold a job and have employers understand. Most of all, we wanted to be able to live lives, and not have to hide in fear of what others think.

We needed HOPE and to feel like someday there would be a cure; we needed to know someone was fighting for us, educating the doctors, insurance companies, and the public as well. In our eyes O.U.C.H. is Hope!

# History